



ANTENATAL CLASS - MONTHLY SESSION

Comprehensive Care for Expecting Parents



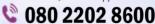
- Pregnancy Care & Nutrition
- What to Expect During Labour
- Breathing & Relaxation Techniques
- Pain Relief Options in Labour by Anessthetist
- Newborn Care & Vaccination by Pediatrician
- Breastfeeding Basics
- Partner's Role in Birth & Beyond
- Physiotherapy session

ighlights:

- Interactive session with Q&A
- Take-home educational leaflets
- Open to expecting mothers & their partners
- Pregnant women & their partners are allowed

To Register

For Queries & Appointments



Email: life@prakriyahospitals.com

Prakriya Hospitals: 8th Mile, Tumkur Road, Nagasandra, Bangalore -560073